

Blue Ribbon Programming

Blue Ribbon Spring/Summer 2010



The mission of the Solon Blue Ribbon Program is to provide high quality recreation and leisure activities for persons with disabilities, enabling each to enhance his or her personal potential by sharing in the emotional, social and physical benefits fostered by such community based activities. In person registration at the Solon Community Center, 35000 Portz Pkwy., Solon, Ohio from 8am - 7pm. Find mail in registration at www.solonrec.org, click the Blue Ribbon tab, print the registration form and follow the instructions provided. Please allow enough time prior to the event for mail in registration. Contact Kimberly English to volunteer for these events at 440.248.5747 ext. 2114 or by email at kenglish@solonohio.org

Softball League

Join us for the seventh year of our Adapted Softball Program! There is a youth and adult league. Everyone participates, all abilities welcome, and play is adapted to individual needs. There will be a pizza party the last day of play.

Ages: *Persons with disabilities (5 and over)*
Days: *Sundays*
Dates: *June 6 - July 18 (No game July 4)*
Time: *1:30pm - 3:00pm*
Location: *SCP*
Fee: *\$35.00 includes team baseball cap, shirt and pizza party*
Registration: *Now until June 1*

Softball Clinic

Prepare for the softball season by attending this clinic of fundamental skills. We will practice batting, running, throwing and various field skills. Fun is absolutely included.

Ages: *Persons with disabilities (12 and over)*
Days: *Tuesdays*
Dates: *April 20 - May 11*
Time: *6:45pm - 8:00pm*
Location: *SCC Gymnasium*
Fee: *\$30.00*
Registration: *Now through April 18*
Limit: *Maximum 16*

Elegant Evening of Fine Dining

This worked so well last year, we are going to try it again. Learn all the facets of preparing a fine meal. Participants will make center pieces, set the table and prepare 4 stages of a meal. Then we will have nice dinner conversation while we eat and enjoy the fruits of our labor. Clean up will also be part of the experience.

Ages: *Persons with disabilities (16 and older)*
Days: *Friday*
Date: *May 7*
Time: *6:30pm - 9:00pm*
Location: *SCC Meeting Rooms*
Fee: *\$10.00*
Registration: *Now through May 5*
Limit: *Minimum 12 / Maximum 25*

Cleveland Indians Game Party

Lets get the baseball season started. Celebrate the Indians against Detroit and the start of the Blue Ribbon Softball season. Corn dogs, hot dogs, chili dogs, peanuts and chips will be served all day long.

Ages: *Persons with disabilities (12 and older)*
Day: *Sunday*
Date: *April 11*
Time: *1:00pm - 3:45pm*
Location: *SCC Meeting Rooms*
Fee: *\$7.00*
Registration: *Now through April 5*
Limit: *Minimum 12 / Maximum 30*

Cinema Cruiser

Join us for a trip to a local restaurant for dinner and to the Solon Cinemas to see a movie.

Ages: *Persons with Disabilities (16 and over)*
Days: *Friday*
Date: *May 21*
Time: *Leave 5:30pm Return 9:00pm (return time verified that evening)*
Location: *Meet at the SCC front door*
Fee: *\$30.00*
Registration: *Now through May 19*
Limit: *Maximum 7*

Outdoor Pool Party

with our friends in Mayfield Village
Come enjoy a great time swimming at Parkview Pool. The pool offers a zero to 42" depth play area and slide. Pizza will be served. Parents are asked to bring a side dish or dessert.

Ages: *Persons with disabilities (13 and over)*
Days: *Friday*
Date: *July 16*
Time: *7:30pm - 9:30pm*
Location: *Parkview Pool, 425 North Commons Blvd. (Off Rt. 91 N of Wilson Mills)*
Fee: *\$10.00*
Registration: *Now through July 9*

**Do you have questions regarding
our Blue Ribbon programming?
Call Kimberly @ 248.5747**



Solon Community Park Fitness Walk

Join us for a weekly athletic walk around the Community Park learning how to use the equipment along the walking path. Healthy snacks and drinks will be available.

- Ages:** *Individuals with disabilities that are able to ambulate independently ages 10 & over. (Note if a caregiver is interested in bringing a wheel chair participant for the walk only, they are welcome and will only be charged one fee.)*
- Days:** *Thursdays*
- Dates:** *June 24 - July 22*
- Time:** *5:15pm - 6:30pm*
- Location:** *Meet at the Community Center front doors*
- Fee:** *\$15.00*
- Registration:** *Now through June 21st*
- Limit:** *Minimum 5 / Maximum 10*

Karaoke and Dance Party

Join DJ Kimmygirl and sing and dance to all your favorite country, rock n roll and soul artists on the outdoor patio (If it is raining, the event will be held inside the banquet rooms) Pizza will be served.

- Ages:** *Persons with disabilities (12 and older)*
- Days:** *Friday*
- Date:** *August 20*
- Time:** *6:30pm - 9:00pm*
- Location:** *SCC Banquet Room Patio*
- Fee:** *\$7.00*
- Registration:** *Now through August 18*
- Limit:** *Maximum 40*

Garage Band Group

Join Creating Connections Company and learn to play popular music in a band! No prior instrumental experience necessary! During this group, participants will receive basic instrumental instruction on "garage band" instruments (i.e., guitars, drums, keyboard, vocals, and percussion) and learn how to play together in a group. Groups will be developed and supervised by a board certified music therapist and implemented by music therapy interns.

- Ages:** *Persons with disabilities (12 to 18 years)*
- Days:** *Tuesday*
- Date:** *April 20, May 4, May, 18 and June 1*
- Time:** *5:45pm - 6:30pm*
- Location:** *SCC Meeting Rooms*
- Fee:** *\$72.00*
- Registration:** *Now through April 18*
- Limit:** *Minimum 4 / Maximum 10*

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Girls Music Club

Ever wish there was a music group just for girls? This is it! Join Creating Connections Company for the Girls Music Club. This is a social music group that includes song sharing, song writing, basic instrument instruction (guitar, piano, autoharp, q-chord), and karaoke. No prior music experience necessary! Groups will be developed and supervised by a board certified music therapist and implemented by music therapy interns.

- Ages:** *Females with disabilities (13-19 years)*
- Days:** *Tuesdays*
- Date:** *April 20, May 4, May, 18 and June 1*
- Time:** *6:45pm - 7:30 pm*
- Location:** *SCC Meeting Rooms*
- Fee:** *\$72.00*
- Registration:** *Now through April 18*
- Limit:** *Minimum 4 / Maximum 10*

Cookout and Volleyball

Join us for our 5th annual official start of summer fun. Enjoy grilled hamburgers, hot dogs and sand volleyball.

- Ages:** *Persons with disabilities (12 and older)*
- Days:** *Friday*
- Date:** *June 4*
- Time:** *6:30pm - 9:00pm*
- Location:** *SCP Pavilion*
- Fee:** *\$7.00*
- Registration:** *Now through June 2*
- Limit:** *Maximum 50*

Did you know that in addition to our Banquet facilities, many areas of the Community Center can be rented including the Rock Wall, Gymnasium and Pool.

Please call Rich Parker at (440) 248-5747 for more information.