

# Try a Triathlon!



Swimming



Riding



Striding

Introducing a NEW Community Event:

## The Solon Community Indoor Triathlon

Sunday, April 11<sup>th</sup> 8:00am-12:00pm

*Event held at the Solon Community Center*

- Become a Triathlete in under an hour! All levels welcomed: from the novice to the seasoned competitor.
- Ease into the sport with this self paced, weatherproof event. All elements of a regular triathlon without the intimidation.
- Compete in all three events as an individual or recruit a team of three: Swim 15 minutes, Bike 20 minutes, Run 20 minutes.
- Performance measured by distance accrued in each leg of the race.
- Awards given to top performers in each age category! T-shirts and refreshments provided to all participants!
- Registration forms available at the Solon Community Center. Pre-registration is required: deadline is April 4<sup>th</sup>. Space is limited- **REGISTER NOW!**

SWIM.RIDE.STRIDE.